

Robbie

# THE Love, Grace & Gratitude PROJECT

I have been sharing the Love, Grace and Gratitude movements in workshops and retreats around the world for many years. The movements are essentially a prayer for our hearts... a heart opening practice as a celebration of all we can be – a meditation in action.

Find out more on [www.lovegraceandgratitude.com](http://www.lovegraceandgratitude.com)



EARTH



HEART



OTHERS



WIDER WORLD



SPIRIT



ALL THAT IS